FOUNDATIONS

First-Year Experience

The First-Year Experience includes 2 semesters of seminar class: First-Year Writing and First-Year Seminar

First-year students are also required to take 1 course in Physical Education

Distributional Requirements	Modes of Thinking	Major	Electives
2 courses in: Languages Arts & Humanities Social Science Sciences**	1 course in: Thinking Quantitatively & Empirically Thinking Technologically & Digitally Thinking through Global Inquiry Thinking Locally-New York City Thinking about Social Difference Thinking with Historical Perspective	Varies by program: generally 10-14 courses	Number of courses will vary and may include a minor or prerequisites for professional school
	A single course may count for 1	requirement in 2 different categories	
**2 Courses, 1 with a Laboratory			
Senior Experience			
Senior projects or theses represent the culmination of academic work in the major			

122 Credits, approximately 40 courses, needed to fulfill Barnard Degree Requirements